

# What sets us apart

We arrange Training camps, friendly matches for amateur and professional football and rugby teams, golf trips and leisure breaks.

For those of you who wish to come to Spain for a relaxing break we have packages that include apartments, private villas, as well as hotel rooms, there is something to suit everyone. We tailor make each itinerary so you tell us what you want and we do the rest.

“We had a fantastic time, the facilities at MPF Marbella were excellent and we were looked after very well. Excellent preparation for our up and coming season.”

**Steve McClaren**  
Middlesbrough FC Manager  
and Assistant Manager for England

## Choice

This brochure contains a small selection of our training facilities, hotels and leisure services. We have tried not to specify any set packages, as our aim is to provide our clients with a tailor made itinerary built around your exact requirements. This gives you the freedom of choice that other companies may not offer.

## Personalised Itineraries

Fine tune your break in what ever way you like, golf buggies, luxury coach travel or just dinner reservations at a top restaurant. We can organise it all for you, just ask and we will personalise your itinerary.

## Expert consultations

Our team of expert consultants live and work in Southern Spain and have an unsurpassed knowledge of the area. They are able to advise on the best hotels, most suitable golf courses and the most convenient way to travel. They will then pull this all together into one simple package to suit your parties requirements.

## Costa del Sol Specialists

We have carefully selected partners who offer our customers a high standard of service and quality. We visit each of our partners facilities throughout the year to ensure that they continue to meet our elevated standards of service. This is why we remain specialists on the Costa del Sol.

## Attention to detail

Every detail of your break will be reserved by us and confirmed to you before your departure to ensure that everything runs smoothly. We pride ourselves on our attention to detail.

### Step One

Contact The H.I Group 0871 597 9977  
info@sport-and-travel.com

### Step Two

Discuss your requirements  
with a tour consultant

### Step Three

Select one of the personalised  
packages we recommend to you

### Step Four

Let The H.I Group do the rest



“Thanks very much we’ve enjoyed our stay here at the Westin. Everything was excellent, good food plus training facilities and we were well looked after, nothing was too much trouble. We will return again.”

**Tony Parkes**  
Assistant Manager  
Blackburn Rovers

“Thanks for organising a fantastic break, the lads enjoyed it and were impressed by the facilities and how well we were looked after. We look forward to seeing you next year!”

**Phil Clarke**  
GB Rugby

“Many thanks for making our stay the ideal preparation for ‘cup tie’ and the second half to our season. The facilities are excellent. The hotel was exactly what a professional team requires.”

We would like to thank Ian and all the staff for making our stay so enjoyable, hope to be back in the near future. Best wishes from all at Stoke City.”

**John Rudge**  
Director

UK Office  
HI House, 151 Otley Old Road, Leeds LS16 6HN

Spanish Office  
Football Village. Edificio Córdoba, AGH Spa & Hotel,  
Paraiso Beach, Calle de la Rosa 100, 29680 Estepona,  
Malaga, Spain.

Telephone: +44 (0)871 597 9977  
Fax: +44 (0)870 066 3698  
Website: [www.sport-and-travel.com](http://www.sport-and-travel.com)



Professionals for training  
experts in travel

# A warm Welcome



Since 1989 The H.I Group has been the leading Destination Management Company on the Costa del Sol. With an unsurpassed knowledge of Southern Spain, our aim is to provide a friendly, professional and personalised service for our clients.

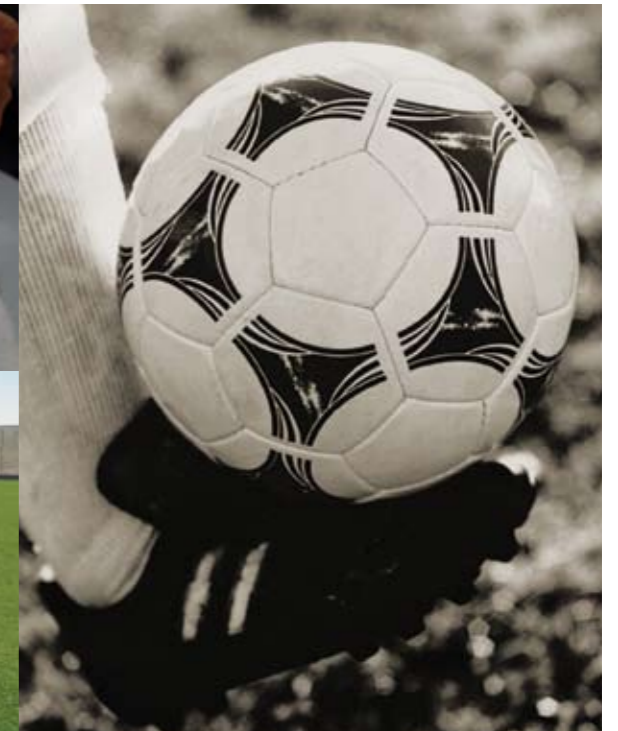
From helping select the right venue through to providing accommodation to suit your budget, our Tour Consultants will liaise with you at every stage of your booking, offering independent expert advice. With offices in the UK and Southern Spain we ensure that you are assigned your own Tour Manager based in the area to guide you in the lead up to your event and assist you throughout your stay.

We know that local knowledge, together with a complete understanding of our clients needs, is essential when planning a trip. We cater for all requests from professional sports persons on a training camp to organising a weekend get away.

Our accommodation choices range from self catering apartments right through to 5 star luxury hotels, plus if you are looking to hire a car then we can offer you a wide selection. We have always gone to extraordinary lengths to ensure that everything we feature is the best of its kind. We are often approached by companies offering their services to be included in one of our packages. However we are very proud of our reputation, so unless they match our exacting standards of quality and service they will not appear in the package we recommend to you.

Within the pages of this brochure you will find a selection of the very finest venues and accommodation that this unique and enticing region has to offer.

To find out more about any of the destinations featured in this brochure, please call one of our specialists on 0871 597 9977.



“The Costa del Sol has become one of my favourite destinations in Europe, offering a favorable climate with no humidity and an average 320 sunny days per year, there is no better place.

It is the ideal location for the traveling Football clubs that The H.I Group take to the area. The comfortable climate is also fantastic for enjoying a round or two of golf. I now visit a few times every year, and always allow The H.I Group to take the hassle out of my trip by organising everything for me from booking the hotel down to confirming tee times.”

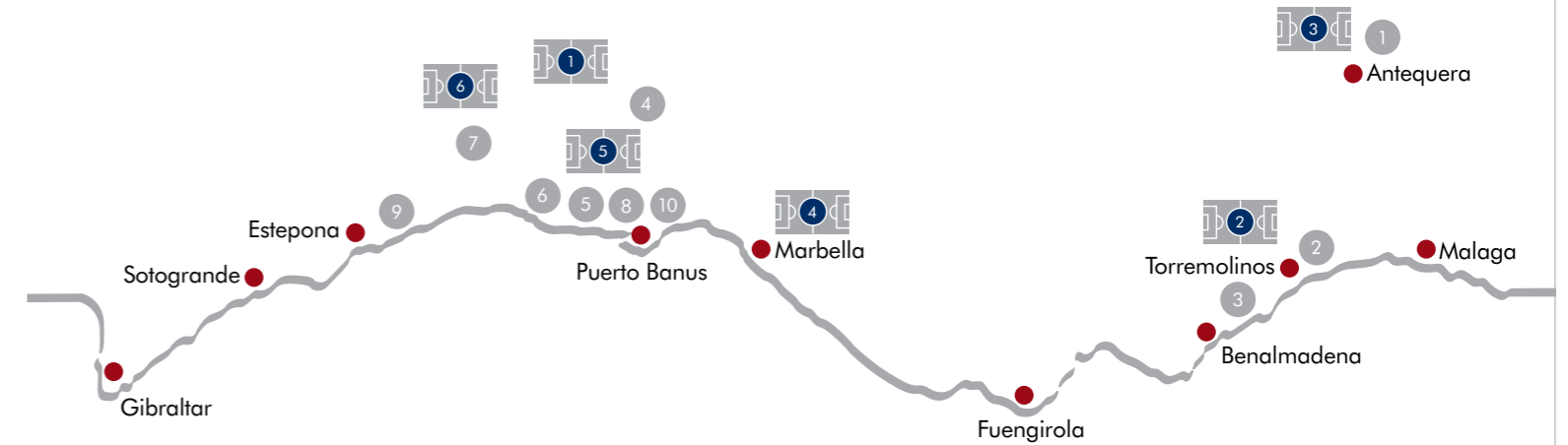
Jeff Stelling, Sky Sports

# Professional, state of the art Training camps

If you are making plans for a training break overseas we offer facilities hand picked by experts who understand the exact requirements of a professional football club.

We are renowned for providing top European football clubs with the very best destinations for training camps. This means top quality football pitches, a selection of hotels who understand the needs of traveling football clubs, and the full support of a Tour Manager, allowing you to keep your focus on the team.

We also provide the opportunity to organise friendly matches for your team against local Spanish opposition including Sevilla F.C, Real Betis, Malaga C.F and Algeciras C.F, or against other traveling professional teams, who are also on a training break.



## Our preferred Football Hotels

1 Antequera Golf	★★★★	6 Diana Park	★★★
2 Hotel Amarguá	★★★★	7 Caledonia Golf & Spa	★★★★
3 Hotel Don Paquito	★★★	8 The Gran Hotel Gvadalpin Banus	★★★★★
4 Hotel Westin La Quinta	★★★★★	9 Las Dunas	★★★★★
5 Guadalmina	★★★★	10 Meila Marbella Dinamar	★★★★

## Football Pitch Index

1 MPF Marbella	4 Pitches
2 Torremolinos Football Centre	2 Pitches
3 Hotel Antequera Golf & Football	1 Pitch
4 Marbella Stadium	1 Pitch
5 San Pedro Stadium	1 Pitch
6 Benahavis	1 Pitch

## MPF Football Training Centre



MPF Marbella centre is a top class venue with the very best training conditions, which include 56,000 square metres of pitch divided into 3 high performance training centres plus FIFA pitches and pitches ideally suited for special training combinations with the necessary equipment.

### Facilities include:

- ☞ Changing rooms
- ☞ Coaches rooms
- ☞ Steam bath, Sauna and Jacuzzis
- ☞ Gymnasium, massage tables and training material

## Recommended hotels

### Hotel Westin La Quinta ★★★★★

The resort facilities include swimming pools, restaurants, bars, sauna, fitness centre, and an oriental massage centre. Each room opens onto a private balcony, ideal for enjoying fairway views and the Mediterranean temperatures.

The hotels convention centre boasts modern facilities and a rooftop garden, perfect for hosting business meetings, incentives, as well as banqueting and social events.

Adjacent to the hotel is the La Quinta Golf & Country Club, this golfer's haven offers 27 championship holes, distributed in three nine-hole courses, three putting greens, a driving range, Pro Shop as well as the Manuel Piñero International Golf Academy.

### The Gran Hotel Gvadalpin Banus ★★★★★

This wonderful five star hotel enjoys a prime beachfront location just five minutes walk from the centre of Puerto Banus. This pleasant walk passes boutiques from the best designers and gives you the chance to admire and contemplate the many ships and yachts.

This luxury hotel offers 180 deluxe rooms, with a select number of suites offering a private solarium and jacuzzi. There are three gourmet restaurants at the hotel as well as a cocktail bar and Boulevard café, all boasting the finest cuisine.

### Caledonia Golf & Spa ★★★★

The aparthotel Caledonia Golf offers 301 apartments, at the foot of one of the best Golf courses in the Costa del Sol: Los Flamings.

More than 7,000 square meters of garden area with swimming pools, wide covered areas with restauration services, cafeteria, disco and physical centre with acclimatized covered swimming pool, saunas, hydro-massage, and gym.

## Antequera Training Centre



The Antequera training centre offers you a fantastic pitch for your team to train on. The centre also has portable goals available for teams to use. The centre will continue to grow and develop with two more pitches planned in the next two years.

### Facilities include:

- ☞ Gym - Olympic weights
- ☞ Saunas
- ☞ Turkish bath's
- ☞ Scottish Shower
- ☞ Indoor swimming pool
- ☞ Conference room with video system
- ☞ 1 excellent pitch with portable goals
- ☞ Massage and kit rooms provided
- ☞ 18 hole golf course & driving range

## Recommended hotels

### Hotel Antequera Golf & Football Hotel ★★★★

Located in the geographic centre of Andalusia, in Antequera, a city rich in history, nature, landscapes and people. The hotel has 169 double rooms with terrace and outer views.

Its also has 11 suite rooms with king size beds and a Jacuzzi bath. The hotel also has steam baths, a heated pool and sauna plus a 18 hole golf course.



“ We had a fantastic time, training facilities were super, the hotel was great and the weather brilliant. ”

Alan Curbishley  
Manager  
Charlton Athletic FC

“ Thanks a lot it has been a very nice week. Good weather, food and wine. I think it has been very important for the club and the players to get together in this mix of a training camp and vacation. Hope to see you again. ”

Michael Laudrup  
Manager Brøndby

## Previous customers include

- ☞ Newcastle United
- ☞ Middlesbrough
- ☞ Brøndby C.F
- ☞ Blackburn Rovers

Plus many more



Two pitches harmoniously incorporated into a sports village. Both are under the expert upkeep of a team of professionals. Plus a top rate third generation astro turf pitch.

Facilities include:

- ☞ 3rd Generation astro turf pitch
- ☞ Indoor Heated Olympic size swimming pool
- ☞ Athletics Track
- ☞ Four Tennis Courts
- ☞ Four Paddle Courts
- ☞ Fitness Analysis Centre

Recommended hotels

**Hotel Amaragua**  
★★★★

A 4 star Hotel, Ideally situated by the Mediterranean and within walking distance from the world famous leisure port La Marina de Benalmadena. Boasts 280 beautifully decorated guest rooms

Facilities include:

- ☞ Indoor heated pool
- ☞ Jacuzzi
- ☞ Sauna
- ☞ Turkish bath
- ☞ Massage and Therapeutic Treatments
- ☞ Two outdoor pools (one for adults and one for children)
- ☞ Spacious solarium
- ☞ Tennis courts complete the range of quality services.

**Hotel Don Paquito**  
★★★

The Hotel Don Paquito is situated in a fantastic area of Torremolinos, 100 meters from the beach and the famous Paseo Maritimo of La Carihuela. The Hotel offers a very quiet atmosphere.

Facilities include:

- ☞ 66 Rooms
- ☞ Swimming pool
- ☞ International buffet restaurant

“ Once again for the fourth year in succession all our pre-season requirements have been met. Our warm weather camp is vital in our preparation for Super League and I hope it once again allows us to be successful following our Challenge Cup success in 2005. Well organised, with excellent facilities I would recommend it to any sporting team. ”

**John Kear**  
Head Coach, Hull FC

We not only offer you the best training fields, and facilities, we also organise matches and any corporate requirements you may have enabling your club to make the most of your trip.

- ☞ Top Quality Training Fields
- ☞ 1st class hotels
- ☞ Full support of a Tour Manager
- ☞ Expert local Knowledge
- ☞ Corporate Activities
- ☞ Transportation in Luxury coaches
- ☞ Complete organisation of the trip
- ☞ Golf tee times
- ☞ Organised friendly matches
- ☞ End of Season breaks
- ☞ Other European destinations

“ Thanks for a great pre-season camp, well organised and enjoyable. I'm sure you'll see us again in Torremolinos! ”

**Paul Scunthorpe**  
St Helens RUFC

# Personalised Leisure packages to suit your requirements

## Golf breaks

The Costa del Sol is often described as the Costa del Golf, and with the wide range of courses along the coast it is easy to see why. The diversity of the courses is amazing, and is the reason why so many golfers return year after year.

The H.I Group arrange golf tours for clients from all over the world, and are always on hand to offer advice on the best courses and locations. With our Golf Tee Time booking service, clients can be assured of the best prices and the most convenient way to book their personalised golf programme. Combine this with the fantastic hotel and apartment prices we have secured and you can be assured of a memorable Golfing trip to Southern Spain



## Spa breaks

The Costa del Sol provides the perfect environment to relax and restore well-being, away from the stresses of everyday life, be it for just a few days or even a few weeks. The H.I Group arranges Spa breaks to suit your requirement. You may just want to relax and wind down, or perhaps you feel the need to be pampered. Your break can be tailored to help with fitness or more specifically, you may have an injury or medical problem from which you want relief. Whatever the reason, the selection of resorts and hotels that The H.I Group offer provide a variety of treatments, from traditional to more alternative therapies. Combine these with fine cuisine and first class accommodation and a truly wonderful experience can be yours.

